

ANNAN WALKING GROUP
WALK 290
SUNDAY 13 MARCH 2016
SILLOTH

Distance	6.5 miles / 10.5 kms.
Walk Time	4 hours.
Walk Description	Easy flat walk from the Lifeboat Station in Silloth to Skinburness then onto Grune Point. Returning along Moricambe Bay before rejoining the outward route near Skinburness.
Travel	Murray Street car park at 9.30 a.m. Mini bus available. From Annan 42 miles (1 hour) journey. From southern end of Carlisle's western relief road A689 take A595 west then A596 at Thursby roundabout. Turn right at the far end of the Wigton Bypass on to B5302 (Silloth via Abbeytown). In Silloth turn left along Criffel Street then right into Lawn Terrace. Car Park is at the bottom of Lawn Terrace next to the Lifeboat Station.
Walk Starting Point	10.45 a.m. Car park.
Toilets	At start point.
Walkers Dogs	Guide dogs only on mini-bus. Dogs on walk okay on lead.
Refreshments	Bring lunch and drinks.
Equipment	Walking boots and poles. Usual outdoor clothing.

Everyone is welcome. You can turn up on the day but advance notice is always helpful. For further information please phone the walk leader, Roderick McCallum (01461) 202104.