

ANNAN WALKING GROUP
Walk No.279
Sunday 13th September 2015
Askham Fell

Distance	Miles approx. 6
Duration	4 to 4½ hours
Description	Walk across Askham fell returning via quaint villages of Helton and Whale. Meadowlands along valley of river Lowther. The first mile or so is uphill at a gentle pace with spectacular views from the top. The remainder route is easy.
Travel	Murray St. car park 9.30am. Bus available for 16 passengers. Walk start time 10.45am.
Route	M6 Penrith, Jct.40, A66 East 2 nd . Exit second roundabout A6 South 4 th exit through Eamont Bridge right at mini roundabout. Left for Askham.
Parking	Parking in Askham village follow signpost £1 for all day.
Walk Start	Car Park
Toilets	No toilets on route.
Refreshments	Bring snacks and drinks
Gear	Usual outdoor clothing. Possibly some muddy sections dependant on prevailing weather condition.

Anyone requiring further information
 Ring Cook's 01461 202592.