

**ANNAN WALKING GROUP
WALK 247
Sunday, 11th May 2014.**

Campfield Marsh & Bowness on Solway.

Distance	About 7 miles
Duration	About 4 – 5 hours.
Description	Almost flat walk on paths and boardwalk through RSPB reserve, on minor roads, and on the shore if wished. Option of visit to small nature reserve, run by Cumbria Wildlife. Bring binoculars for wild life & gazing north.
Travel	Mini bus for 12 – 14 persons at Murray St. at 9.30am. Travel A75 and M6 to junction 44 Carlisle. Take last exit for new by-pass on to A698 West, signposted Workington. Pass through several roundabouts until you reach one indicating Bowness on Solway. Drive through Bowness for about 1.25 miles, then turn left into Campfield Nature Reserve at North Plain Farm. There is a car park there.
Walk Start	10.45am
Toilets	Single toilet at start of walk and one in Bowness.
Dogs	Guide dogs only.
Equipment	Usual outdoor – easy walking on pavements and paths. Bring lunch / drinks and 20p if you think you'll need it!

**Walk Leaders. Frances & Barbara M. Tel 010461 40695
(Helpful to know if you are going directly to walk start and will not be at Murray Street.)**