

ANNAN WALKING GROUP
WALK 92
SUNDAY 12 AUGUST 2007
LITTLE SALKELD, CUMBRIA

Distance	4.5 to 5 miles /7 to 8 km. of easy walking. The steepest parts are on the roads.
Walk Time	3.5 hours approx. including stops.
Walk Description	This is an interesting and beautiful walk. We walk beside the Settle to Carlisle Railway, along the wooded banks of the Eden, past old gypsum mines to rise above the Eden Valley. In reasonable weather there are views of Blencathra, Skiddaw and the Pennines. We visit St. Michael's church in Glassonby and then the stone circle, Long Meg and Her Daughters, and back to Little Salkeld. The Mill and Mill Shop are well worth a visit and have toilets.
Travel	Murray Street car park at 9.30 a.m. Mini bus available for 16 passengers. From ANNAN – M6 to Junction 41 signposted for Wigton. Do not go towards Wigton but drive half a mile east to a roundabout. Here join the old A6 and drive towards Penrith. 300 yards inside the Penrith 30 mile limit take the road on the left signposted to Langwathby & Alston. This takes you past the cemetery and golf course to join the A686 where you turn left. In Langwathby village follow the signs, i.e. take a left and a mile and a half on you arrive at Little Salkeld with the water mill on your right. 400yards turn left to village green.
Walk Starting Point	10.15 a.m. Little Salkeld village green where there is limited parking space.
Walkers Dogs	Dogs allowed strictly on lead at all times (for the safety of other walkers and farm stock).
Refreshments	Bring snacks and drinks.
Equipment	Usual walking gear and boots recommended as some of the paths are muddy. There are two short stretches on roads. On these narrow roads please walk on the right in single file.

Everyone is welcome. You can turn up on the day but advance notice is always helpful. For further information please phone the walk leader, Archie Smith, on (01461) 203250.