

ANNAN WALKING GROUP

WALK 78

SUNDAY 14 JANUARY 2007

ASKHAM FELL

Distance	6 miles / 9.5 km.
Walk Time	3.5 to 4.0 hours approx.
Walk Description	Walk across Askham Fell returning through the quaint village of Heston then through meadowlands along the valley of the river Lowther. Fairly easy walking with gentle climb to elevated fell. Part road, open fell tracks, riverside and grass track. Some muddy sections dependent on previous week's weather conditions.
Travel	Murray Street car park at 9.15 a.m. Mini bus available for 16 passengers. From ANNAN – M6 to Penrith junction 40, left on A66 to next roundabout then 4 th exit on to A6 south. After 1 mile turn right in village of Eamont Bridge onto B5320. After another mile and after passing over railway take left fork leaving Yanwath and travel on to Askham (approx 4 miles from Penrith).
Walk Starting Point	10.30 a.m. Car park in Askham, on left next to village hall and behind pub. No toilets in village but bus can stop at Motorway Services.
Walkers Dogs	At discretion of owners, part on lead in areas where livestock unfenced.
Refreshments	Bring snacks and drinks.
Equipment	Walking boots, waterproof jacket and trousers.

This walk is a re-run of that cancelled on 10th December and is subject to suitable conditions. **Registration is therefore necessary.** For further information and to register please phone the walk leader, Albert Cook, (01461) 202592 not later than Thursday 11th January.