

ANNAN WALKING GROUP
WALK 228
SATURDAY 27th JULY 2013
CARLISLE/CUMMERSDALE
(PREVIOUSLY WALKED AUGUST 2010)

Distance	6.25 miles
Duration	4.5 hours
Description	Flat circular walk on tarmac surfaces and riverside paths. Some single file walking. We follow the River Eden through Bitts Park crossing the A595 by the Millennium Bridge to connect up with the Caldew Riverside Path to Cummersdale. (Carefully avoiding the dog mess!).

Travel	Murray St. car park 9.30am . Mini bus available for 16 passengers. Annan to Carlisle, at Hardwick Circus roundabout take first exit left into Sands car park. (Car and bus parking fee £4 for 4-6 hrs.
Walk start	Sands car park 10.15 am.
Dogs	Guide Dogs Only
Refreshments	Bring Lunch and drinks
Equipment	Usual outdoor
Contact	Kay (202803) or Ev (205208)