ANNAN WALKING GROUP
WALK 163
SUNDAY 12 SEPTEMBER 2010
LOCH of the LOWES

<table>
<thead>
<tr>
<th>Distance</th>
<th>5.5 miles / 9 kms.</th>
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<td>Walk Time</td>
<td>Approx. 3.5 hours.</td>
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**Walk Descriptions**
Loch of the Lowes. From car park at 250 metres down the road between St. Mary's Loch and Loch of the Lowes then a reasonably strenuous walk striking uphill and westwards along the Southern Upland Way (SUW) for approx. 3 miles to the highest point at some 470 metres before cutting back and down behind Peat Hill to the head of the Loch then along its shore to Tibbie Shiels Inn and onto the start. Muddy in parts.

**Travel**
Murray Street car park at 9.30 a.m. Mini bus available for 16 passengers. From Annan a 42 miles, 65 minutes, journey via Moffat then the A 708 Selkirk Road to the meeting place of the two Lochs opposite the roadside cafe.

**Walk Starting Point**
10.45 a.m. in the Car Park on open ground between the two lochs opposite the roadside Cafe. Public toilets are available next to the cafe.

**Walkers Dogs**
Sorry no dogs. Sheep and possibly some cattle.

**Refreshments**
Bring lunch and drinks.

**Equipment**
Walking boots, poles, warm gear and waterproofs.

Everyone is welcome. You can turn up on the day but advance notice is always helpful. For further information please phone the walk leaders, Margaret and Roderick McCallum on (01461) 202104.