

**ANNAN WALKING GROUP**  
**WALK 111**  
**SUNDAY 8 JUNE 2008**  
**GRISEDALE VALLEY/ ULLSWATER**

Distance	6 miles (10km.)
Walk Time	4.5 to 5hrs.
Description	This valley walk is mostly flat after an initial climb of 124mtrs. (409ft.) Walking on paths and tracks, the terrain is stony and rough in places. We visit Lantys Tarn and continue up the valley surrounded by many well-known peaks.
Travel	Murray St. car park 9am. Mini bus available for 16 passengers. Travel to Carlisle to join the M6 to J40 Penrith. Take the A66 Keswick road. At the first roundabout go left for Ullswater, A592. On reaching Glenridding village the car park is on the right. Parking charges.
Start Time	10.30am. Glenridding car park.
Parking	Car park charges £6 per day all vehicles.
Walkers Dogs	Sorry no dogs.
Please Note	Earlier departure.
Refreshments	Bring snacks and drinks.
Equipment	Walking boots, sticks and usual gear.

Everyone is welcome. You can turn up on the day but advance notice is always helpful. For further information please phone the walk leaders, Matt or Evelyn on (01461) 205208