

ANNAN WALKING GROUP

WALK 102

SATURDAY 26 JANUARY 2008

MABIE FOREST: LOCHABER WALK.

Waymarked Forestry Commission trail, designated Moderate ('muscle stretching'), partially through wooded areas - taking in burns, lochs and hills affording views over the Nith and the Solway, and across towards Criffel and the Galloway Hills.

The trail passes through nature reserve areas managed to provide natural habitats for wildlife like nightjars, butterflies and dragonflies.

Distance	5 miles / 8 km approx.
Walk Time	3.5 hours approx.
Walk Description	Mainly well-made stony paths; one stretch on soft (possibly muddy) tracks. A few short gradients of varying steepness will serve to warm the legs on a winter's morning, and to attain the viewpoints. A low-level loop leads onto the track alongside Mabie Burn which continues to Dalshinnie Loch, Marthrown Hill, Lochaber Loch and Craigbill Hill before returning through wooded paths.
Travel	Murray Street car park at 9.30 a.m. Mini bus available for 16 passengers. Mabie Forest off A710 Dumfries to New Abbey road (Past Mabie Farm Park).
Parking and Walk Starting Time / Point	Forest carpark - £2 pay and display. Walk start 10.10 a.m. at the sawmill exhibit (next to the toilets) at walks starting area.
Walkers' Dogs	Dogs allowed.
Refreshments	Bring picnic lunch, snacks and drinks.
Equipment	Walking boots and warm and waterproof clothing.

Everyone is welcome. You can turn up on the day but advance notice is always helpful. For further information please phone the co-ordinators, Liz and Ed Hudson 01461 203481.